## QUARANTINE OR ISOLATION?

## **QUARANTINE:**

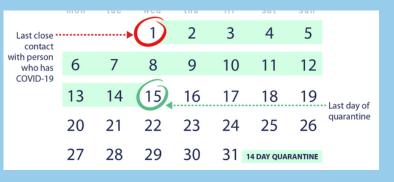
SEPARATING INDIVIDUALS WHO HAVE HAD CLOSE CONTACT WITH SOMEONE WITH COVID-19 TO DETERMINE WHETHER THEY DEVELOP SYMPTOMS OR TEST POSITIVE.

## **ISOLATION:**

COMPLETELY ISOLATE YOURSELF FROM OTHERS.
ISOLATION IS USED TO SEPARATE PEOPLE INFECTED
WITH COVID-19 FROM PEOPLE WHO ARE NOT
INFECTED.

THIS MEANS NO CONTACT, NO TIME TOGETHER IN THE SAME ROOM, NO SHARING OF SPACES (BATHROOM, BEDROOM)

Timeline if: No further contact with individual who tested positive



Timeline if: Individual who lives in same house tested positive and can avoid further contact

		mon	tue	wed	thu	fri	sat	sun	
Person with COVID-19 starts home isolation				1	2	3	4	5	
	rts home isolation	6	7	8	9	10	11	12	Last day of quarantine
		13	14	15	16	17	18	19	
		20	21	22	23	24	25	26	
		27	28	29	30	31 1	1 14 DAY QUARANTINE		

Timeline if:Individual is under quarantine and has additional contact with person who has COVID-19



Timeline if: You live with someone who has tested positive and you cannot avoid continual contact

